

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running^①

Aetrex	Edge
Asics Gel	Foundation GT-3000 Kayano
Brooks	Beast* / Ariel* Addiction Adrenaline Transcend
Hoka	Bondi Stinson
New Balance	587* 990 1340 1540* 3040
Nike	Structure Triax
Saucony	Grid Stabil Hurricane

Walking^①

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
New Balance	847 928* Postal 706 813
Saucony	ProGrid
SAS	Time Out(m) Free Time(w)

Trail Running / Light Hiking

Asics	GT-2000
Brooks	Adrenaline GTX
Keen	Targhee II (2)
Merrell	Chameleon Refuge
New Balance	860 969 1210
Patagonia	Drifter

Cross Trainers / Aerobics

Adidas	Barricade
Asics	Gel-Resolution
New Balance	806 1005
Nike	Court Ballistic
Prince	T-22

Basketball

Adidas	J Wall
New Balance	581
Nike	LeBron Soldier

Extra-Depth Shoes^①

Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor Soft Spot

Dress Shoes—Women: Heels, Flats, Casual

Aetrex Alice Alan Aravon Ariat Beautifeel Blend Cole-Haan Dansko Finn Comfort Kumfs Munro Naot Nickels Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia

More fashion shoes at: <http://luckygirlshoes.com>

Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Hann Dansko Dunham Ecco Kumfs Naot Neil M. Rockport

Sandals

Sandal brands that can accommodate custom orthoses include:

Aetrex Sandalistas Ariat Birkenstock Cambrian Dansko Finn Comfort Naot Theresia

Rocker-Soled Shoes

Alegria Dansko Hoka

Clogs and Slippers

Nontraditional slippers for support and comfort.

Aetrex Krista Finn Comfort Orb Geisswan Clogs Heflinger Clogs Merrell Jungle Moc Naot Iceland or Glacier Stegmann Clogs Timberland Professional Clogs

Insoles

To go under orthotic after removing shoe insole

Dr. Scholl's: Air pillow insole **Spenco:** Flat insole

^①Best shoe types for use with ProLab AFOs
*Maximum motion control

*Wearing proper shoes is an important part of orthotic therapy.
Always remove the shoe insole before inserting orthotics.*