

**Boulder County Foot & Ankle, PC**  
**Pearl Podiatry Health Center, LLC**

**John S. Jachimiak, DPM**

2575 Pearl Street, Suite 240  
Boulder, CO 80302  
Office: (303) 442-2910  
Fax: (303) 442-2931

Last Name: \_\_\_\_\_ First (Legal): \_\_\_\_\_ Middle Initial \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(City) (State) (Zip)

Home Phone: ( ) \_\_\_\_\_ Social Security #: \_\_\_\_\_ Cell/Pager #: ( ) \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Birth date: \_\_\_\_\_ Sex: M F Marital Status: M S W O

Height \_\_\_\_\_ Weight \_\_\_\_\_ Shoe Size \_\_\_\_\_ Email \_\_\_\_\_

Race: Asian African American Caucasian Hispanic Other Decline Preferred Language \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ ext \_\_\_\_\_

Spouse: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_ Phone #: ( ) \_\_\_\_\_

May we contact you at your home #? Y N If no, please indicate which # you would like us to contact you ( ) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: ( ) \_\_\_\_\_

Preferred Pharmacy \_\_\_\_\_ Phone # \_\_\_\_\_

**Primary Insurance Information:**

Insurance: \_\_\_\_\_ Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB \_\_\_\_\_

Policy Holder's Address: \_\_\_\_\_  
(if different than above) (City) (State) (Zip)

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell/Pager #: ( ) \_\_\_\_\_

Employer: \_\_\_\_\_ Subscriber#: \_\_\_\_\_ Group#: \_\_\_\_\_

**Secondary Insurance Information:**

Insurance: \_\_\_\_\_ Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB \_\_\_\_\_

Policy Holder's Address: \_\_\_\_\_  
(if different than above) (City) (State) (Zip)

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell/Pager #: ( ) \_\_\_\_\_

Employer: \_\_\_\_\_ Subscriber#: \_\_\_\_\_ Group#: \_\_\_\_\_

**Person Responsible for Bill:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(if different than above) (City) (State) (Zip)

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell/Pager #: ( ) \_\_\_\_\_

I understand and agree that regardless of my insurance status, I am ultimately responsible for the balance on my account for any professional services rendered. I hereby acknowledge and agree that if my account becomes delinquent it will be subject to collection service. I agree to pay all court costs and reasonable attorney fees for collection of all past due amounts owed, plus interest thereon on all such amounts outstanding. I certify that the information provided is correct to the best of my knowledge. I authorize the release of any pertinent information regarding my medical care, and assignment of benefits from my insurance company to my Physician.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian (if minor): \_\_\_\_\_ Date: \_\_\_\_\_

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**Patient Name:** \_\_\_\_\_

Please check "Yes" or "No" to indicate if you have had any of the following problems:

| YES | NO | NATURE OF PROBLEM                               | COMMENTS AND GIVE APPROXIMATE DATE |
|-----|----|---|------------------------------------|
|     |    | Recent Weight Loss                              |                                    |
|     |    | Headaches                                       |                                    |
|     |    | Trouble with Hearing/Vision                     |                                    |
|     |    | Allergies/Hay Fever                             |                                    |
|     |    | Asthma  |                                    |
|     |    | Thyroid   |                                    |
|     |    | Diabetes  |                                    |
|     |    | Skin  |                                    |
|     |    | Anemia  |                                    |
|     |    | Heart   |                                    |
|     |    | Mitral Valve Prolapse/Heart Murmur              |                                    |
|     |    | Chest Pain                                      |                                    |
|     |    | High Blood Pressure                             |                                    |
|     |    | Circulation                                     |                                    |
|     |    | Swelling in Feet or Ankles                      |                                    |
|     |    | Lungs (Pneumonia, TB, etc.)                     |                                    |
|     |    | Shortness of Breath(Cough, Pleurisy, Wheezing)  |                                    |
|     |    | Liver Disease, Gall Bladder Disease or Jaundice |                                    |
|     |    | Stomach Trouble                                 |                                    |
|     |    | Arthritis                                       |                                    |
|     |    | Gout  |                                    |
|     |    | Kidney Disease or Stones                        |                                    |
|     |    | Cancer  |                                    |
|     |    | Bleeding Tendency                               |                                    |
|     |    | Scarring Tendency                               |                                    |
|     |    | Joint Pain or Stiffness                         |                                    |
|     |    | Numbness in Feet or Legs                        |                                    |
|     |    | Cramps in Feet or Legs                          |                                    |
|     |    | Low Back Pain                                   |                                    |
|     |    | Sleep Apnea                                     |                                    |
|     |    | If Yes, was this confirmed with a sleep study?  | Date:                              |
|     |    | If Yes, do you use a CPAP machine?              |                                    |
|     |    | Psychiatric                                     |                                    |

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**Patient Name:** \_\_\_\_\_

| YES | NO | NATURE OF PROBLEM                                     | COMMENTS/APPROXIMATE DATE |
|-----|----|---|---------------------------|
|     |    | Fainting or Convulsions                               |                           |
|     |    | Strokes   |                           |
|     |    | HIV positive  |                           |
|     |    | Pain in Other Areas                                   |                           |
|     |    | Other Illnesses or Problems                           |                           |
|     |    | Do you drink alcohol? How much?                       |                           |
|     |    | Do you take any other drugs, either legal or illegal? |                           |

Please give detail of any:

| OPERATIONS/SERIOUS INJURIES | APPROX. DATE | PHYSICIAN | HOSPITAL |
|-----------------------------|--------------|-----------|----------|
|                             |              |           |          |
|                             |              |           |          |
|                             |              |           |          |

7. Have you had physical therapy? When? Where? For what condition? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

8. Is there anything you wish to tell the doctor privately? Yes \_\_\_\_\_ No \_\_\_\_\_

Additional Information: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Witness \_\_\_\_\_

Date \_\_\_\_\_

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**MEDICAL HISTORY – Patient Name: \_\_\_\_\_**

**(Confidential Information-Important for Our Files and Your Health)**

Please list all medicines that you use:

| Medication | Strength | Dosage | Frequency | Comments |
|------------|----------|--------|-----------|----------|
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |
|            |          |        |           |          |

**If you have complete list from your primary care doctor, please include with your paperwork and note in comment section above.**

Please list all medicines that you are ALLERGIC to: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list ANY Metal ALLERGIES: \_\_\_\_\_

\_\_\_\_\_

Allergic to Latex: YES NO

\_\_\_\_\_  
Sign Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

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**MEDICAL HISTORY – Patient Name: \_\_\_\_\_**

**(Confidential Information-Important for Our Files and Your Health)**

**How did you hear about our practice?**

- Facebook**
- Our website / Google search**
- Your insurance company's website \_\_\_\_\_**
  
- Friend \_\_\_\_\_**
  
- Referred by Doctor \_\_\_\_\_**
  
- Referred by another Podiatrist \_\_\_\_\_**

**What is the reason for your visit to our office? \_\_\_\_\_**

\_\_\_\_\_

**What treatments have been done up to this point (including orthotics/arch supports)?**

\_\_\_\_\_

**Do you, or have you ever, smoked? YES NO Date Quit \_\_\_\_\_**

**How many packs a day do you, or did you, smoke? \_\_\_\_\_**

**FOR WOMEN ONLY: Are you pregnant? YES NO If yes, how many months \_\_\_\_\_**

**Indicate which of your immediate relatives have had any of the following diseases:**

**Cancer** \_\_\_\_\_

**Diabetes** \_\_\_\_\_

**Heart Trouble** \_\_\_\_\_

**High Blood Pressure** \_\_\_\_\_

**Kidney Disease** \_\_\_\_\_

**Mental/Emotional Illness** \_\_\_\_\_

**Stroke** \_\_\_\_\_

**Arthritis** \_\_\_\_\_

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**EXERCISE SURVEY**

1. **NAME:** \_\_\_\_\_

2. **AGE:** \_\_\_\_\_

3. **ACTIVITIES/EXERCISES DONE REGULARLY:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. **FREQUENCY OF ABOVE ACTIVITIES:** \_\_\_\_\_

\_\_\_\_\_

5. **DO YOU USE PADS, ARCH SUPPORTS, OR ORTHOTICS NOW?**

**YES**      **NO**      **WHICH? :** \_\_\_\_\_

6. **WHAT IS THE LONGEST PERIOD OF REST FROM EXERCISE YOU  
HAVE HAD IN THE LAST YEAR? :** \_\_\_\_\_

7. **WHAT ARE YOUR SHORT TERM AND LONG TERM GOALS?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_